PREGNANCY PREVENTION INTERVENTION IMPLEMENTATION REPORT

Intervention Name: All4You!

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Program Description: The All4You program is an adaptation of the Be Proud! Be

> Responsible! and Safer Choices curricula. Through classroom sessions and service learning, the program aims to reduce frequency of unprotected sex among students in alternative high schools. All4You is delivered by health educators over 14 sessions

(26 hours).

Component 1: Classroom Sessions

The classroom component consists of nine lessons (13.5 hours). The lessons address HIV, STDs, and pregnancy prevention; vulnerability to HIV, STDs, and pregnancy; negotiation skills; and condom-use skills. Classroom activities are designed to be interactive and include role-plays, demonstrations, discussions,

and games.

Component 2: Service Learning

The program's service-learning component consists of five visits to volunteer sites, such as schools, senior centers, and service organizations, where students participate in a variety of activities.

Target Population: Available information describes the target population as male and

female alternative high school students, 14 through 18 years old.

Curriculum Program materials are available by contacting Karin Coyle, Materials:

Ph.D., Senior Research Scientist, ETR Associates at

karinc@etr.org.

Training and TA: Health educators facilitate the program.

Research Evidence¹

Study Citation: Coyle, K. K., Kirby, D. B., Robin, L. E., Banspach, S. W., Baumler,

E., & Glassman, J. R. (2006). All4You! A randomized trial of an HIV, other STDs, and pregnancy prevention intervention for alternative school students. *AIDS Education and Prevention*,

18(3), 187-203.

Population Students attending 24 alternative (community day) schools in **Evaluated:** 4 large urban counties in northern California

• Over 90% of the participants were between the ages 14 and 17 years

 Approximately 30% Hispanic, 27% African American, 15% Asian American, 12% white, and 16% other

• 63% male and 37% female

Settings: Alternative (community day) schools

Study Findings: At the 6-month follow-up: adolescents participating in the intervention reported to have significantly lower frequency of

intercourse without a condom in the previous 3 months, were significantly more likely to report using a condom at last

intercourse, and reported to have significantly lower frequency of

sexual intercourse in the previous 3 months.

¹ This summary of evidence is limited to studies of the intervention meeting the inclusion criteria and evidence standards for the Pregnancy Prevention Research Evidence Review. Findings from these studies include only those showing a statistically significant positive impact on sexual risk behavior or its health consequences. Studies may present other positive findings beyond those described; however, they were not considered as evidence for effectiveness because they focused on non-priority outcomes or subgroups, did not meet baseline equivalence requirements, or were based on follow-up data with high sample attrition. For additional details on the review process and standards, see the review's Technical Documentation.